welcome to lecture number 14 uh getting near the end uh certainly very near the end of the western

tradition

so today is mostly in fact exclusively going to be thorough

we're going to be i mentioned this last time looking at him

in terms of well other things we've done in the course

in terms of pastoral local descriptive you know monism that sort of thing and the reason for this as i mentioned before but it's really worth repeating as a sort of preface to this particular lecture

is to see that many of the things that we might think of as innovations on thoreau's part as as

characteristic of modern environmental thinking and in the way there there are both of those things but thoreau nonetheless is coming from a long tradition

and he's aware of the tradition which makes him a particularly good person to synthesize it together but in a way that that's what he's

doing more is is um synthetizing earlier thinking

and that's important it's he's also important because

boy he's a lot like us you know so when you look

at other things that we've looked at and let's take for example you know the notion of nature

with the greeks yeah that's that's a different notion of nature than than we usually have you know being more temporal than spatial but with thoreau so many of the things

that he talks about and we're going to

see today when he makes a critique of consumerism

that's that's a very modern looking thing so

we can use zero to help us better

understand our own ideas regarding some

things related to the environment but it's

worth noting

that you know it's easy to be critical of

thoreau it's it's actually almost too easy at least in a

couple of regards so first you know he talks about

being out in at walden pond like it's some incredibly

wilderness area you might think that he's way up in alaska or something but he's not he's a mile out of his hometown

and the area he lived is very well it's not wilderness in fact it's all been clear-cut you know long before him and the forest there is sort of a new growth forest coming back and all so yeah that's don't when you read him if you haven't started already you know don't buy into that it's good

you know don't buy into that it's good to bracket it off

and also you know thoreau is not way out there in the sense that he's all alone sort of a hermit out in the middle of nowhere

because he's not out in the middle of nowhere he's close to town he visits town all the time

he certainly went in every sunday night for dinner and his mom's house and certainly you know people visit him visit them pretty much every day so yeah um and and the thirdly the the project he if you read walden we'll talk about this

in the the work the book walden the experience at walden pond takes place in the course of

year thoreau did that so he could have like one year's worth of seasons to talk about

but he actually spent two years there but still it's not a great deal of time so if he thought this was the way to live

then you know why didn't he live there for his life but

instead he just has a little experiment there we'll talk about that because it really is just an experiment there trying to figure something out on his part

um you have to bracket all that off if you're going to

appreciate throughout and i hope you do because there's a lot to appreciate in him and you know we'll talk about what each of those things mean that he's done

but but also um we'll see what he has for us in the 21st century and he still does it may be different than what you might initially think it was going to be but okay let's just jump right in so here with our prezi notice that we are

way up here so we're within 150 years roughly

uh i guess more like 165 years now of the 21st century of where we are lecture 14. so notice the things that we have here

we can talk about local descriptive we can talk about consumerism ecocentric biocentric monism being a genus loki
and so forth so these are all things
we're revisiting now and
we'll be familiar with so
i wanted to live deep and to suck out
all the marrow of life
to live as sturdy and a spartan-like and
to put a route to all that was not life
to cut a broad swath and shave clothes
and to drive life into a corner
and reduce it to its lowest terms so
you know what's his project well that's
his project
he now what's interesting about this and
and i'll throw it out right now

he now what's interesting about this and and i'll throw it out right now as a way of thinking about the row or something to keep reminding ourselves up um wilderness isn't really talked about there you know he's talking about

living a minimalist kind of life getting rid of all extraneous things and finding out just what life is he does it in this sort of semi-wilderness backdrop but on the other hand a question which i'll pose at the end and i i think it's really a central one for thoreau is you know do you need to do this in a semi-wilderness or wilderness setting to work in other words can you can you you know live deep and deep and suck the marrow out of life anywhere at any time and that matters

deep and suck the marrow out of life anywhere at any time and that matters because you know thoreau is also going to be suggesting this sort of minimalist lifestyle

and that's something that isn't necessarily

only you know to be lived in the wilderness setting it doesn't it doesn't matter at all if you do that but but

we'll talk about this but
that's rose project so
walden um walden
as a text is interesting in so far as
it's hard to
to pin down just what it is and i note
here it really is part autobiography
part non-fiction and part novel
many novels are highly autobiographical
and

thoreau does that here so it's autobiography

but he changes details and i know that you know it's not two years but a one year experience he also takes things and modifies them and and how do we know that he does modifies actual experiences

that he had and how do we know that he does that

well for example um

well because yeah um he has a journal that he keeps at the time and the journal is still available

you can you can get it and if you look at the journal and you compare the journal to

what he recounted in walden things are a little different

for example in the journal he happens to note that there was a mouse in his cabin and he notes that the mouse you know he talks about

the mouse being there well that experience shows up in walden that mouse shows up

in the novel but he changes it and he plays like a little game of peek-a-boo as the mouse and it's this very kind of moving interesting moment but that's not what really happened if his journal was to believe

be believed so i mentioned that because

it'd be easy to read this like a guy's journal

and and in the way that's how he's selling it to us but on the other hand we know that it's not really an accurate journal

at all and he's doing things and including you know compressing it into one year so

that he can talk about these chains of seasons and all

it's also for a novel particularly like non-fiction

in that he breaks into what seemed like at times

more like um like essays so some of the chapters really seem like you know non-fiction

essays so it's an interesting experiment really

um in in a way of writing literature and and arguably

it all works you know i mean it's it's good that i think that he can press it on to one year because it does you know send a message with that and you know the little scenes that he embellishes and all he does for a reason and you know he's really trying to talk about his relationship with other animals and other life by way of the mouse

experience and i think that's useful too and of course

the the sort of autobiography the non-fiction essays are i think essential to the work as well

um it's interesting to note and i have to

see if i can compress this here well i'll just move of course uh walden was not well received in its time

um we know that because thoreau i think he had 100 copies of it printed and he literally couldn't give most of them away so but what will happen is um it gets read throughout the 19th for the the remainder of the 19th and 20th century people like george eliot the writer read it and all but really it's a hundred years after its publication in the 1960s and 70s that throw an interest in thoreau explodes and it's the whole 60th generation that roy loves the route the the so-called back to the land movement thoreau actually plays an important part of that i remember um being a child um while having first read throw in my roy teens i then remember going to a bookstore and seeing a book that was actually a book about how to live thoreau's life of course walden is a book about how to live the life that thorough luna and walden and a pretty good one but this one actually told you how to build thoreau's cabin and had specific instructions dimensions and everything else so people actually were trying to do that in the um 1960s and 70s some of them on their own like with zero but you know with communes out in semi wilderness areas and all yeah back to the land movement was a thing and thoreau was a cornerstone for those those folks

[Music]

you may have read the book into the wild and

into the wild also inspired a film the sean penn film

um and you know it's an interesting reference to thoreau in so far as if you've read the book and i won't i won't be a spoiler here and tell you how it ends

but if you believe

that nature is that wilderness is in sort of a pastoral way an inviting place and that our

basic you know nature is to have a um harmonious relationship with nature and if you know if we just went back to nature it would welcome us in the pastoral way like you know loving mother taking care of us well okay no spoiler here but that's not how that novel ends so have you read into the wild i i i find this an interesting question because i ask students and you often far more have read it than i

would have suspected and it's because they read it in high school it's required in high school apparently in some places it's

an interesting read and some people i could have actually read and asked and a good question to ask have you have you read walden apparently that's read in high school as well so for many of you you may be revisiting this text hopefully

because of the background you have in revisiting it you'll

you'll you'll see more than you saw before when you're at it so walden brings together many of the themes that we've covered this term thoreau being a harvard undergrad and he's in his late 20s here he's read a great deal and maybe he didn't read

emilia landrieu's the description of kokomo i doubt he would have read that but i think most of the works he's read and you know because he graduated from harvard at that time he probably had greek he did have greek and latin so he's very very aware of the western tradition

and his literary forms he will reference things like ben johnson's depends hearst right in walden so he's really in a great position to understand the the tradition that that now you better understand as virtue of having having read

so much um thoreau
if you so you know if you think about
him in that way he's sort of
um kind of like a renaissance thinker
insofar as he really
is referencing the past and he's
bringing the past forward in a new way
but on the other way he is sort of an
early modern thinker but in this case a
modern thinker

it's it's real modernity here you know he's you know um because it contains a very modern perspective on the environment and it's very much like our own

we have inherited thoreau's view of nature

so in other words we didn't inherit and we didn't read him but we didn't inherit john evelyn's view of nature from the 17th century even when i mentioned in passing

was the guy who was trying to cross who did cross the swiss alps but he found it really harrowing and

dangerous and he didn't appreciate it at all and to him nature was scary and and horrible well we didn't inherit that view of wilderness we inherited it to rose view of wilderness which is like you know shelley's view of mont blanc you know it's it's incredibly uh um wonderful nature and it's important and if you want to you know become rejuvenated and you know there's no better way of doing that than going out to nature and experiencing it the way

the road does so again these these ideas sort of predate thoreau in the same way that you know renaissance thinking predated the renaissance but he brings them in in into focus in a way

he brings them in in into focus in a way that

is kind of spot-on when it comes to our modern view of the environment so thoreau can be seen as a really important guy because he he literally transitions all this past thinking that we've encountered into the environmental present and and again just to make explicit here it does not arise

you know throws thinking in a vacuum but it's the conclusion of centuries of development

and evolution of western thinking toward the environment

and that's why he's such a touchstone and in many ways this course could have you know started with daryl because he does

express so much but you know i want you to know

the history of all this so you can see the significance of it and we'll we'll talk about that in a particular in a range of particular ways right now so uh walden as local descriptive so you'll recall of course that we talked to about john denham and beginning the sort of loco trade local descriptive tradition that has you know

um come come into modernity roy it's it's very

it's still widely widely used by people who want to

to convey what an environment is like he is here highly descriptive of a particular locale

and that locale is of course walden pond by the way you

you know with all these works um you would even before you you open them

you you have a clue that their local description going back to denim coopers hill it's about a place it's describing a place and and it's named for it it's cooper's hill mont

blanc it's named for a place walden is named for a place so it's almost you know

smacking you in the face to begin with this is going to be

an extensive description of a place but you know compared to to cooper's hill or mont blanc this is

huge by comparison and as a consequence there's going to be a lot more dis description there but i note here you know pens hurst upon appleton house they're they're all doing the same they're all describing a locale and naming themselves as the description of locale

you pull this down a little whoa that is surely not what i wanted to do

walden is loco descriptive
of course but it's doing it further
because of the level of description
we haven't had levels of description
like this before
so again remember we were we were
charting the evolution
of this approach and not a lot of
description
in depends harris if you remember so you

know the the partridge over there
the pheasant over there look at that
broad beach tree that was it
but here we have and i won't
go through it all but here we have if i
can make it work
so you can see it um

really intense description that goes on and on

about it and um yeah i uh

you know i'm tempted to read it but i won't because you had the video so but do read it

and and i think that's what tarot wanted you to do too

you know i i happen to really like um listening to books you know audible books and all

but it's it's something else to to read something and to have the description sort of emerge in your mind as you're reading it

and i think thoreau wants you to have an experience

a sort of direct experience of walden so yeah these are longer descriptions for walden they're gonna have to reframe them each but that's okay um walden is not just describing in walt and throws not just describing the place

in visual terms he does that and he does

that an enormous amount of that that's for sure but he also does things like

talk about particular sounds and one would be the whistle of the locomotive you know penetrating the woods

and what's that sound like like the scream of a hawk sailing over some farmer's field informing me that many restless city merchants are arriving and at night you know the distant rumbling of wagons over bridges thoreau ruler is taking the locodescriptive project to its logical conclusion

and we'll see that you know it's not only the way it looks it's the way it sounds it's the way it smells is everything

he wants you to experience walden pond and he and why does you know you want to do it well because you're not going to visit it

you know he has to do it same with milton's description of eden you know can't go to eden so you're going to have to rely on these descriptions but beyond that he has enormous power here

any author and we've noted this before has enormous power who's doing this but thoreau really you know wields that power expertly and extensively because he gets to moderate your experience of walden pond and in a more general way he gets to moderate your experience of nature you see nature hear nature feel nature through thoreau and make no mistake thoreau wants you to like nature throw wants you

to think that nature is essential for your being this is incredibly important right because he is posturing he's suggesting how we should be postured toward nature and and that's incredibly important because when we get to rachel carson

you know she's going to argue for the you know the sort of saving of nature preservation of nature from the indiscriminate use of pesticides which you rightly call bioscience but we would never buy into carson's project if we didn't care about nature first i mean why would you

try to save something that doesn't seem very important at all well to thoreau it's super important and

well to thoreau it's super important and he's going to

through these descriptions um you know convince you that it's incredibly important as well

so it sounds

he uses onomatopoeia which is you know a way of trying to make a sound like you hear so you know the screech owls take up the strain

like morning women or ancient which is supposedly like um the screech of an owl

he notes here as he does you know in different places this is truly

ben johnsonian so it's truly like depends hearst here

uh what he's talking about it's a nice nod to um

john cena johnson doesn't do any onomatopoeia or anything like that but it is interesting that the row is really

like pushing the project thinking okay i

can describe these sounds but what can i do even more

i'll try to actually make the sounds with words with you know putting together you know

vowels and different different

things to make it sound the way it can so the syllables

all sort of form together and make this sound

so walden is a critique of consumerism and this is one i think is really important

and and um i've argued this is one of the

real lasting contributions of sorel and and i would argue more important than

um this notion of extolling wilderness as wonderful and beautiful yes that's important

but you know if if you want to read walden as a how-to manual i don't i don't think it's that useful or it's even kind of dangerous to read it as

a um how to to live your life someplace in other words to go out into a wilderness or semi-wilderness area and live a semi-hermit existence yeah again in the 60s people did that but

but the real contribution that derose makes

i think well can be summed up in in in two words that he famously makes here and it's an imperative to to us it's telling us to do something and it's even great because it's two words but it's really just one repeat it simplify simplify simplify your life if we all do that environmentally you know especially

those of us who are like thoreau you know in the wealthy developed world um we could bring our co2 and other greenhouse gas emissions down to to the levels that you know cop 21 the paris agreement set and and we could actually

tackle climate change how can you do it two words simplify simplify okay um

modern critique of consumerism is in the spirit of

both ben johnson and and denim throw famously says and by the way there aren't there are any number of famous quotes from wall and you could um you could write them down if you want or if you're reading on a kindle edition i'm sure that they've been you know kindle does that thing where you can see that a lot of people have highlighted it

anyhow the massive men live lives of quiet desperation

and why did they do that well you know in addition to being local descriptive cooper's hill also had this great critique of consumerism which i think is is also a wonderful quote their vast desires

but make their wants the more so in other words we just keep wanting and wanting and wanting we want more and more and more and what do we want by the way is

you know not things we

in in this sense and it's probably true you know things that people applying for are necessarily like more friendship more valuable experiences but

more stuff and bigger stuff you know bigger houses more cars more clothes more consumer electronics

stuff that's what we want and we live a life of quiet desperation because we work hard to get all that by the way thoreau has a um a really simple solution to all this in his era a five-day work week hadn't really happened yet so most people work six days and they did for most of western history um during christianity anyhow because it was sort of mandated in the bible the work

week in that issue i did a six day work week and he got a seventh day off the the sabbath thoreau wants to turn that on its end

and he says well you know i really need so very little

and life really requires so little to make it work

his goal was to work one day a week and then to have six days off um and you know what a great idea because

you know they're there's so much that we um

so much of our time is spent working for things

and we lose a lot of life because of it we just don't you don't get to live and enjoy it the way that thoreau wanted to in english 23 i go into detail into this example but i'll just tell you that the average american works generally one day a week to own a car it's aside from your house the biggest purchase that people make and

you know we keep purchasing again and again and they're not cheap and talk about why we're you know convinced or even coerced into owning a car

but just think about that for a minute if you didn't have a car you know every weekend could be a three-day weekend and thoreau would argue well let's start going through it and he's going to do that here if we start jettisoning stuff you know right and left we're going to you know ultimately get down to you just have to work one day a week so every weekend would be a six day weekend and that's the project yeah do you believe this we're gonna again in english 23 talk about it then in great detail and you know you're already getting some indication of it with the films like the true cost and all um do we live lives of guiet desperation in other words are we unhappy working long hours um jobs that we don't necessarily like just to get stuff that doesn't make us happy and that's that's thoreau's argument and in the in in in countries like the united states we really do that a lot so in other countries like denmark for example it's very different they have they work five-day weeks for sure but they work 30-hour weeks and they have incredibly long vacations and and a whole range of uh things that make life nicer in the way that's the roman although they don't have nearly as much disposable income as we do um you know because a lot of people like 20 of americans work 60 hours a week so we have you know we have more money to buy more stuff but you know there they're trying to

strike a balance between having time to live life and um having lots and lots and lots of stuff

yep the economy chapter of walden follows denim pretty directly so for cooper's hill you know i see the city i would be london in a thicker cloud of business than of smoke and that's saying something right because we said in denim's time you know the air pollution problem the smog over london is huge where men like ants toil to prevent imaginary wants all in vain uh so first off that image of

ants to like we're like ants toiling and all that's you might think that's a pretty modern thing throw in others use it but um it's older denim uses it too and what are we doing we're working to prevent imaginary wants in other words and even in denim's time which is striking because we're you know over 350 years ago 370 years ago or so um we're told by advertisers that we need stuff

that we want need these things and once we have them they'll make us happy well those are imaginary ones you don't actually

need them i mean you may need to have a piece of clothing on to protect you from the weather but you certainly don't need

all to fulfill all the you know the needs of clothing that the fashion industry tells you and all and it's all in vain according to denim that we do that

because we're never going to satisfy it it's like it's like

it's like a bottomless hole you can keep throwing more clothes into it but you'll never be satisfied

the difference with thoreau is that he actually takes this

seriously in other words he says that's right

and i'm going to act on it now i am going to change my life

because i believe this is a correct assessment of the human condition especially in capitalist modernity and i am going to

ignore it and live my life the way i want to

it's fascinating in that sense so you can see this critique of consumerism not new with walden but but it is carried to to a new

level here um

zero is going to

take it to his logical conclusion in in a sense in that he's going to say well okay let's talk about clothing you know what do you actually

need clothing and and how much of it do you need

and and do you always for example need new clothes thoreau says no so and he's going to do it with everything and he's going to look at food he's going to consider you know vegetarianism it's going to be the first time we've actually seen it directly brought up in the west but you know people are doing it and thoreau is is there with it and it's not only that he's doing it

but he's in doing it he's establishing a model

that we can follow so this is not just him recounting it but him recounting it for us the reader to try to convince us to follow him in making these kind of changes

the thing that's interesting about thoreau

is you know you can look back to ben johnson saying get a smaller house or you can look at denim saying you know you're not going to

to beat this consumer thing so you might as well you know

try to get rid of it jettison it but thoreau's approach to it sounds remarkably modern

so you know clothes have always been this issue but thoreau attacks the modern

fashion industry which even in you know 1840s was centered in paris so the head monkey

at paris puts on a traveler's cap so that would be like the the the really unfashionable modern hat that year that everybody wants and all the monkeys in america do the same so

the idea here is that we're aping these things um

and you know why are we doing it we're doing it because we really need a good warm hat or something now we're doing it because we're encouraged to

to emulate this and the fashion industry wants us to emulate these trends because we wouldn't buy their clothes otherwise we wouldn't

nearly need nearly as much if it wasn't for that

so what then are closed factories about and this sounds like a very modern

phrase right so the man
um you know has less to do with that
mankind in other words human beings may
be well and honestly clad
than to ensure that the corporations
may be enriched
well that's a modern sounding phrase
thoreau has identified
the problem here it's the corporations
these corporations these big
corporations
at the time are all about one thing
profit
they want to be enriched they don't care
if you're well clad they don't care if

if you're well clad they don't care if you're well dressed they don't clear if you have

clothes that last i mean that's not what it's about the project for them is about you know separating you from your money

and that's really what they care about they don't care about giving you a good product i mean they'll give you a good product if they think they need to to separate you from your money but what they really want to do

is get your money and they don't really care about us

um thoreau it's a funny phrase but

i think there's something true to it beware of all enterprises that require new clothes actually when we get to the buddhism section you'll see that there are traditions that actually celebrate old clothes and worn out clothes more than new

clothes and that's that's a striking thought in the west because we're encouraged to get things and

have them always looking new so you have a business suit and you know you get

a snag in the in the middle of the jacket and you have to throw the whole thing away because you know it has to look new no one wants to walk around with

a with a you know worn part of their jacket

and yet that's exactly what you'll you'll find in in certain places like the

buddhist interpretation of the japanese type of buddhism that we're going to look at we'll look at buddhism more generally but

well i'm kind of getting ahead of myself we'll see that when we get there thoreau also focuses on our literal dwellings

so you know we had this modest house celebrated in penzhurst

thoreau takes that to his logical

conclusion and says you know what what

could be the smallest

thing that you could live in and you get something about the size of a one-person tent six feet by three feet uh like a tent

with a few holes to let air in um that's that's thoreau i mean it's it's he doesn't do that but while he gives that example

and it's a good one here is because he's thinking

what is the absolute minimum that i can get by with in life

that's the question that we need to ask again and again

what's the minimal amount and you can see why modern minimalism is going to come out of this thinking

thoreau doesn't you know decide on that he goes for something a little larger but you know remember this example because that's the way
thoreau thinks he's going to constantly
say what's the minimum that i
actually need he may not go that far
but he he is you know thinking it
through
at every turn and if you think about it

at every turn and if you think about it it's not a bad project to do in life in general to

always ask that question environmentally it certainly will have a big significance

he is

seeming kind of radical here but it's the case that in a pon appleton house that andrew marvel had already made the same suggestion

and that is you know um why should of all things man

unruled such unproportioned dwellings build in other words

why do we build these big houses as human beings

when you know all the animals their their

dens are expressed by their lent in other words look at a bird's nest it's as big as

the bird it's no bigger you wouldn't have a bird's nest that's

five or ten times wider than the bird and all

i mean look at all the energy that a bird would have to use to make that and it wouldn't be a very good you know nest anyhow and that's according to both um andrew marvel and this is again from pawn appleton house um that's it's a great metaphor for the problem

it's a great metaphor for the problem here in other words that's a ridiculous idea a bird with a

nest ten times bigger than it needs why is it any less ridiculous that we have these houses and dwellings that are ten times bigger than we need they're not serving us well and look at all the energy that's wasted in building them

but again not new with thoreau we've already seen it

with johnson so this is thoreau's cabin so actually this is um i'm going to show you throws cabin in in

18 um in 1945 when yeah

this what we're looking at here is a reproduction of thoreau's cabin this was built pretty recently uh a few decades ago

um at walden pond it's actually right at a um

a parking lot so you can get out when you get out your car you can see it and you'll see the inside of it as well but

this is the rose cabin from 1945 in the sense that

um people weren't quite sure you know people were had red walden and they knew about thoreau's project and they knew where he did and all but no one knew exactly where because by

mid 20th century you know the cabin had been taken down there was nothing left but an amateur archaeologist went and looked for where the cabin had been looked for its foundation actually read walden to be able to sort of act like a detective and figuring out where it would have been in relation to the pond

and found it and right and then as a consequence this little shrine has been set up

and actually kind of is a pilgrimage site i i mentioned uh

last time that you know over a million people a year go to walden pond

but right near this kind of off to one

side you can't see it like right over

here if i'm remembering correctly is a pretty large pile of like little

pebbles

and every year people bring a little pebble when they come or pick one up

around here

and they put it in that pile it's sort

of a way of

i don't know what like offering respect

to thoreau

so yeah that's what it that's you know

that would have

worked when tarot was living there would

probably look pretty similar to this

this is the inside and you know if you

have read it already you know about the

three chairs and of course there's a

fireplace there where he does cooking in

his bed and

over here is a writing desk over here is

a writing desk

so pretty cozy all you really need

and this is throws the reproduction of

thoreau's cabin in the winter and you

can see

that fireplace chimney in the back and

then this

is a um a little outbuilding to keep his as wood dry which he would have needed

to do

and this is what it would have looked

like in 1945

if you had been at that site looking out

and

it's a good it's a good way to think

about um walter pond because

today was so much you know tourist

activity there and all you know it's kind of getting trampled down them all but this is kind of like what thoreau would have lived oh and um here's what i was telling you about this is

the the stone some of the big stones but most of them little that have been um piled there in respect for thoreau so regarding consumerism two questions remain i think

important ones you know are his lifestyle prescriptions only valid in aurora or wilderness setting if you read walden especially if you read him the way he was read by then you know the 60s generation the answer to that is

yes you know you have to do exactly what he did and you know

reject society and go out and live in a in a wilderness

area well i don't i don't know that that's true

and i'm throwing the question out here you know could you

do what he's did in a in an urban environment well that's the project of minimalism and minimalist that's the idea

they're asking themselves minimalists ask themselves the same question thoreau did you know what's the minimum that you really need

and you know how can you do it um and you could see this with something like micro apartments or if you're familiar with the

tiny house movement where they they really

people who who elect to have dwellings like this are doing exactly what the road did

and it actually turns out to be about the same size so um ordinance are being written in in cities like new york and portland and san francisco and elsewhere to allow micro apartments that are about the size of thoreau's cabin some of them are larger like twice as large but keep in mind these are designed for two people and keep in mind that they have you know full kitchens and bathrooms which the road didn't and if you've seen tiny houses you know the

if you've seen tiny houses you know the tiny house movement you know some of them are like exactly the size of thoreau's

um cabin so so yeah people are are doing what thoreau

suggesting of course you can do with something like fashion or vegetarianism and you know you don't have to go anywhere in particular different to do it but then the other question is do you need to take these prescriptions you know to the extreme that the road does

even thoreau doesn't right so you know yes he could have lived in a cabin the size of a one-person tent but he doesn't he he pulls back a little and you could well pull back from thoreau here

from environmental point of view you know anything that you did would probably be great so for example in terms of dwellings houses you know the average american home now is is 2500 square feet more than 2500 square feet and a significant portion of houses now

like twenty percent are technically see it's a twenty

percent i think it's twenty percent um um if you take english 23 i'll tell you exactly

um or mcmansions which are like above four thousand square feet but if you don't if you're looking at 4 000 square feet compared to the rows 150 square feet

i mean these are you know it's not just like it's not it's not like it's 10 times

larger or even 20 times larger it's like it's 25 times larger

well you know maybe you could meet the row in the middle

somewhere that maybe you could decide that a house

well the average american home right after the second world war and before was about a thousand square feet so it is you know and

now the average american home is 2500 feet

and the you know an average mansion is over four thousand feet this is like the you know the fourth of the size of a mansion and whole families

thousand square feet is a lot bigger than thoreau's cabin but if you think about it if you know

lived there perfectly fine

everyone who bought a mcmansion decided to buy a you know thousand square foot house their climate footprint all other things being equal would be one-fourth with respect to housing

so it can be a um you know it's throw can be a good example

of you know how far you can take it but not everyone has to take it as far as thoreau did throw is eco-centric we've talked a lot about anthropocentrism um both pencils and description of kukum were anthropocentric so you know you remember in lanier's poem the environment is seen as you know willing to die for the women who are leaving there and um and then johnson the the animals and plants are willing to serve so the fish literally jump out of the stream into the hands of a fisherman so that they can be eaten yeah that's that's can't be more anthropocentric

than that

um so thoreau is and we've seen you know in the tradition

of you know depends harrison cook them walden is

but it's different in this regard this book is not centered on the text speaker

so walden pond and the area surrounding it are not just there for the benefit of a sole human being and throws very clear about this all life there is equally served so walden is you know talk about this directly you know does it succeed at being you know eco-centric or biocentric centered on all the life there um i don't know if it succeeds at and i want to raise

leave you with that question but it's certainly a big move in that direction um cyril's speaker and and this is important to

recall right it's the person who's narrating it and we

get to know and sort of talking to us in the work

is not necessarily henry david thoreau in the same way that you know he

modified different details of his life for the the novel or whatever it is he is also not necessarily the speaker but the speaker is certainly informed by sorel but just don't you know make the mistake to think that that is sorelle yeah um thoreau what's so important here and you can see from an environmental point of view is that he reimagines the relationship that human beings have to the planet for you know we saw the danger of this with the hebrew testament of the bible with genesis we see it through the early modern period with amelia lanier and ben johnson and all that you know we imagine that the the planet is here just for us and and you know that's a fair interpretation of genesis because you know people will interpret that it says just that but thoreau you know have none of that he believes that this place doesn't have to be centered on us that you know all life can exist there in harmony together yes we are part of life on the planet and our needs have to be met but the planet you know is not centered just on us so compared to everything that we've read before this is far more egocentric even than the romantic poets at least what we've read like uh michael the pastoral poem by wordsworth or uh mont blanc because you know um the text is highly highly eco-centric and and

you could argue and this is the kind of thing that

when critical attention was given to thoreau from like the 1960s on um and through the 1990s with the emergence of

of true eco-critics that thoreau is maybe

you know the most you know biocentric ecocentric

of all works that have appeared so far as descriptions you know in the environment is

is you know so lush

that you know

walden is not i mean

well we're talking a minute directly it is centered around a person it's so it's in that sense it's

anthropocentric but it's just more

biocentric

than we've that we've seen and the you know the descriptions are are

so much about the place

it's been argued that the environment is so well represented here through the lush descriptions

that it's almost a character and in fact you know one part in walden you know the narrator starts talking to walden pond

first describing it i see by its face so here we're definitely anthropomorphic right it's being described like a human being

the same reflections of god same reflection of god so wait paul's on that from what you now know having read genesis it is human beings who are made in the image of god nothing else is made in the image of god nothing else is made

like human beings because we have a separate creation narrative in genesis you know the earth brings forth human beings but god loved us so much he fashioned us with his own hands um in his reflection but now you know it won and punts and we're not even talking about an animal or a plan here but by

the feature of the environment itself you know

that is visited by the same reflection of god

that's remarkable because it's saying you know it's it's yes we are in the image of god but so is this place and i can almost say

walden is it you so he's actually you know talking to this feature of the environment

as if it were a human being walden is is not unlike a close friend and by walden he means the pond there but he means everything and and well we'll see some people argued for a while there that throw actually coined the word ecology he didn't it was coined in the same era by him

by ernest tegel as you now know but he still has this idea of a deeply enmeshed

ecosystem where everything is connected and living together and walden is perhaps the greatest expression of that walden is itself like this character um it is a milestone environmental text for this reason

you know no other text prior to walden it was as eco-centric here and and nobody you know before him imagine a feature in the environment quite this way like a character so a watershed event here from an environmental point of view and when you think about it in the west a remarkable change of of this anthropocentrism that has guided us

from from the very you know beginnings of the west as we've seen and which of course you know dismayed lynn white jr and others so much but here we're now shifting and shifting dramatically

so yeah it's a big deal i think so we can see this in the visual arts you know

thoreau's error moved away in general from anthropocentrism so always it's good to keep this in context so it's not that thoreau is this great genius who who did all this by himself it was happening in his era so

you remember we had this haunted unicorn year 1500 at the beginning of the early modern period in england human beings

dominate this scene right they're huge there's a tree here but it's you know mostly allegorical and

it's not very
you know accurate in any sense
but we had claude lorraine and by his

era

1650s a little before paradise lost you're getting something that's looking a lot like a photograph so sort of photographic realism happening throws era human beings become even tinier so we we saw this one i gave it to you at the um

in the first lecture these are the people

in this scene you know if you were to you know digitize this and to see how many pixels these people what is digitized

see how many pixels these people are occupying

it's a small percentage like single digit percentage of the whole scene and you know the notion here and i'll give you another one this is thomas calls the fall of the catter skill this is in thoreau's era also this is northern uh um upstate in new york uh there's a person here

i don't know if you can if you can see
him maybe i can
bring this person up
yeah see if i can zoom in further
no probably not but anyhow person there
you can see

uh tiny person so imagine
visually this as walden if walden were a
painting this is what it would be
it would be all about the place it would
be lushly showing you the place
and human presence being incredibly
minimal by comparison

but what you would walk away from after viewing it after reading walden is an enjoyment of this place and saying wow that's that's an amazing place there's the question does the human presence still dominate the scene so you know we had to wander among the sea of clouds

the person here is is centered perfectly on it all you know even the mountains themselves are sort of like pointing blank black block block to the guy

so you know does it still dominate the scene

how would this work in walden well uh note that the word i appears um you know two dozen times in the opening four paragraphs of walden you start reading it i'm not sure if you noticed it or even annoyed you um thoreau's doing that thoreau's doing that arguably and critics have argued doing it

intentionally to to let you know that that's where he starts he was all about him in the beginning he was trying to figure out his life what he wanted to do by the time we get to the end that eye sort of fades away it's not really there at all anymore

and i think that's the rose project he wants to see himself sort of almost like fading into the background

fading into walt and that person who's who walked in there was all about that person all about him and his project but then you know it really is just him left but it does raise a question

does he succeed in that is he really like

you know the wanderer among the sea of clouds is he really all about him and that's important because it

it it raises the question of how ecocentric or biocentric this work is but also it raises the bigger question about the presence that we should have on the planet should we try to fade into the

planet should we try to fade into the ecosystem and be just you know part of this great symphony of life

going on or should we you know dominate the scene well in the 21st century we do dominate the scene but it does raise a question is walden ecocentric or anthropocentric clearly it's a milestone ecocentric text there's no doubt about that um but you know it's also in a personal way an anthropocentric text and that's why it does resemble a journal and it is a it's a story about a person and a person's life so yeah i just want to raise that question for you to think about because the stakes are pretty high because it does raise the question of how we should should live on this planet um fading into it or dominating it would be the two extremes and i think vou know when we think of anthropocentrism we think of dominating lynn white ir certainly we think of egocentrism we think of fading into the backdrop but okay so i don't know more on this yeah that's the question is anthropocentrism in fact unavoidable for human beings um you know walden makes clear that even a highly eco-centric perspective is shot through with human interest pure ecocentrism you know is not possible even for thoreau and throw by putting that i into those first four paragraphs to such a degree he wants to make you aware of that in other words yes i went out and lived in the

wilderness

as as best i could but even this

doesn't get me away from the eye and you can't

fully escape into it when we get to

buddhism by the way you're going to see

well you're going to see a different

perspective on it the suggestion that

you can

fade into it but we're not there yet

you know the problem with ecocentrism

if you if you take it to its logical

conclusion and again the row

took it pretty far out there but not to

its logical conclusion

um you can come up with a pretty radical

perspective so

in 1990 a co-founder and environmental

organization earth first this is dave

foreman

called human beings a cancer on the

earth

and he actually went further by

suggesting that we should consider the voluntary

extinction not of any particular animal species

but voluntary well it is a particular

animal species

the voluntary extinction of the human

race he thought that was the solution

so people have looked at something like

that and said well this

you know you're talking about it you're

eradicating people and you're

blaming certain groups of people this is

kind of like you know the extermination

that we see in nazi germany

and you know they also called certain

people cancer and decided to sort of cut

them off the body of the

healthy people yeah um

that's a very extreme argument and it's

an unfair one in ways i mean the nazi experience and what happened there i mean yeah people draw parallels to that to all sorts of things and i i think it's it's it's unfair to the experience of what happened in the holocaust and the people there so it's it's problematic but i mentioned it because it was an argument that was advanced and these two arguments here first they forming saying that we should voluntarily you know bring about the extinction of our species and people being critical of that but you can see that is the end game if you follow

you know ecocentrism that you know sort of get rid of human beings all together or reduce this down to sort of um you know incredibly small population that would not benefit by any human technology or so so honestly you know that's of course impractical what we really need to do is find ways of

fitting into to the planet now and in english 23 we take that up in more detail but

i just wanted to be aware of this situation um

in the 21st century it is pretty much impossible we control

85 percent of the planet's land mass directly control

it and you know everything on the planet now is sort of brought into into the human world and there for human

use so the eye you know in the beginning of

so the eye you know in the beginning of walden

well that's that dominates the planet now that i

we are we are everywhere so the question is

you know unless we want to eradicate our species

how do we you know live as

eco-centrically

as possible in that

world even though we control so much of

it it's it's a huge question

i you know i don't purport to have the

answer here

um monism let me pull

the road down here a little um

thoreau you can see the quote here from

thoreau

and then the one from um paradise lost

which is here so

i'll let you read those you can pause

the

video to read them and i'll bring up

here all you have to know from

from this section here is that

milton imagined human existence like a plant

yes we have two aspects to milton you know

spirit and and flesh mind and body

but they are connected but like a plant so we're part of the earth's remember

that whole thing we did with

metaphysical and physical

and that part is like the roots you know

human beings are like a plant our roots

are the

earthy part and the part reaching up

away from the

um the ground reaching up into the

heavens that's the

the you know spiritual aspect of us

throw having red milton of course picks up the

the whole idea here and likes it and this is not just an image this is a deconstruction of western dualism because neither are these guys both of these guys first think that there is a spiritual and a physical aspect of human beings they're buying into

the tradition in that sense but they do not think that the spirit and flesh or mind body however you want to look at it are disconnected they are connected they are intimately connected you cannot you know if you think about this image and why it's such a good one if you try to do what metaphysical thinkers were doing and pull free of the earth these guys argue well yeah you'll surely die if you do that and this is this is what happens exactly happens to milton's eve

because your roots are what sustains you yes the you know the leaves and the branches may reach toward the heavens and you need that too you know the light of the sun or in the

image that milton has basically the light of god

but you you also need your roots to be in the ground you'll you'll just fall which is what happens to eve you'll collapse

and you know it's meant to be a rethinking of dualism and just you know the main idea here is that there are they're both thoroughly manus so this is an axis mundi i'll see if i can't pull this into frame for you

this is an ancient idea it goes back to gilgamesh's time and then

some and here it is here's our line between the physical and metaphysical that we had back i think it was lecture five

and above here is remember we talked about in that lecture human beings are dualistic

and we sort of straddle the line but here we are that's our spirit that's our flesh you know body mind they are one thing all for a healthy human being

you have to be like this according to thoreau and

and milton you have to be connected you have to not renounce your physical part and you have to not renounce your um spiritual part you are connected you are an amalgam of spirit flesh

mind body

so you would perhaps not be surprised that thoreau then talks about the body and not in a bad way so

you know for certain metaphysical thinkers certain christian thinkers the body and its functions are bad you know eating is potentially a temptation and a problem sex is potentially a temptation in the problem milton gets right to talking about all these things you know um and it's not

surprising at all that when he talks about you know what constitutes the good life and always going to talk about these sorts of things so he largely advocates vegetarianism and he actually thinks that eventually it's the

the destiny of the human race to become vegetarian that everyone will

stop eating meat yeah and he argues here that you know we find animal food you know repugnant is not the effect of experience but as an instinct so thoreau's argument here is that actually our instinct our nature would be to avoid animal food we would be we should be repulsed by it that's who we are according to thoreau and you know it's only because we've been sort of you know inculcated into it by way of culture that we do we buy into doing this at all but again thoreau is not being theoretical here the rose is actually advocating for vegetarianism as the proper lifestyle so as with you know taking ben johnson's idea of having a small house but actually acting on it or sir john denham's idea of being critical or vegetarian but actually acting on his throat is actually acting on it here and um you know he's not eschewing eating as something that's unimportant to human beings because we're so spiritual and always saying well this is important and let's let's talk about it which he does he's also a proponent of of eating locally you may know that the average maybe i mentioned it before i always throw these sort of facts out that the average fruit or vegetable travels 1500 miles before reaching your table that's pretty amazing you know in a state like idaho which is known for its potatoes in idaho most of the potatoes that people eat

aren't grown in idaho yeah a lot of them are but but over half aren't um and you know thoreau will talk about this and you know in walden he is particularly critical of things like

imported foodstuffs that can travel great distances like tea and all he will be critical of things like tropical fruits like oranges and

bananas

because they have to travel so far thoreau believes that you should eat everything in its own season when it's there in fact um in the last work that he was writing and this

wasn't finished which is about wild fruit when he dies and all he he celebrates local foods especially fruits and berries and all that and wild fruits and berries like huckleberry it's like half the book is about the huckleberry actually and why you should go out and and and eat it just at its moment of perfect ripeness

the you know area where it's grown this is all incredibly important to thoreau so he is going to be intimating here um something like the um slow food movement

that's currently you know exist in places and all over the planet not really but

and eat it out in the

sort of originated in california and italy and elsewhere and certainly here in california we take it pretty seriously because we have a pretty nice climate with a lot of seasons but thoreau is really

um
about eating locally as um
as as being important so again you can
see where the row is just
you know so modern in certain ways
throw us genus loki
going back to the beginning of the
course so remember
in the um epic of gilgamesh we have ho

in the um epic of gilgamesh we have home baba who's there to protect the cedar bar

forest from whom from human beings i mean in theory

gina sloki did protect places from maybe other animals and all too but principally their prohibition there to protect

places from human beings and you really see it spelled out clearly in

the epic of gilgamesh because gilgamesh is this credibly um arrogant guy who wants things for his own you know his dream of being great um and that's why the prohibition is there to protect places from from people like that from people

more generally and so the early modern period was interesting in this regard because we see human beings first taking on the role of

genus loki or being seen

as or sort of the prescription that they should be a genus loki so that

homosocial group of women that cook them you know who worry about what's going to happen if the um

the place is if they leave the place who will take care of it who will be the protector of the place eve is the protector of

eden and yet she she unfortunately for a moment lapses and and gives up

that role

so the early modern period

begins you see human beings beginning to

take on the role or

suggesting that human beings should be

taking on the role of genus loki so it's

not entirely new with the realm

but the narrator walden is clearly a

genus loki

he is the protector of walden pond so

imagine you know you're going to

this place this forest way back in

gilgamesh who would you encounter there

protecting it

who cares about that place and all the

life there

that would be hombaba you go to this

place

you know walden pond who's there

protecting it and caring about that life

that's henry david thoreau

so the suggestion is made here

because thoreau is taking on the job of

protecting the place

that this should be the job of human

beings that we

should take on the protection of place

so doing and and again this is

different from the project of you know

sort of being anti-consumerist but this

has to do with thoreau being in this

semi-wilderness area

he's really suggesting that human beings

need to be

the new genus loki that this is what

environmentalists

are environmentalists are the new genus

loki

as i suggest here so first it flips it

off

right because now you have human beings

taking on the role of being the genus

loki

um and this is you know thoreau that genus loki of this book is not a monster the way he's the way hombaba is described in gilgamesh and you know he is seen as being this most admirable person of people because he's taking on the job of protecting this place and that scene is of great value this is a modern idea in this sense we could see the beginning of it you know with the million lanyard but here it's full-blown and modern and it's establishing what an environmentalist is and and well what a what a change we've had from the beginning of the term but this is the new environmental this is the new genus loki the new protector of place are environmentalists people curious do you think of yourself as an environmentalist uh you know um sometimes people think of that and say well you know i'm not environmentalists my life's not devoted to to it it'd be unfair for to call myself an environmentalist when have spent you know their days and night doing nothing but being a genus loki protecting her place i don't really think of it that way i think if you um if you really care about the environment and you try to live in a way that is you know sensitive to the environment biocentric as much as possible that makes you an environmentalist so i think of myself as an environmentalist so i'm just curious if you do too and i think i think the key to that probably

would be to do what the road does and that is try to enact the things that you find important about protecting the planet but just curious what you thought is pastoral uh walter necessarily in the pastoral tradition has no doubt about it vou know and and thoreau of course probably read theocratis and virgil in the original he certainly did read them certainly he's familiar with the romantic poets at the time um and it's you know the book is a celebration of a place it's in the pastoral tradition in that sense for sure

and of course thoreau is fully aware of pastor i remember we had that quote from him

that you know um pastor was to view uh the pasture from the pallor or living room window

so he he knows it's an urban form he knows it all he's very conscious of it and so he can be like catherine phillips or like horace and um and play with the tradition but he's clearly in it that's for sure

um i did want to ask this question you know

are you enjoying walnut um
yeah i don't know many people find wald
in a transitional book and i'm not
saying you have to and i'm not saying
there's something wrong with you if you
don't

it's just that challenge issue that's what he's that's the purpose of this book he's challenging you to rethink your life in in very definite very specific ways and in big ways how you live your life in other words he's saying really asking you a question stop right now stop and think for a moment are you living the life that you want to live what would the life that you want to live be like in that sense walden is and i sometimes refer to this way as an experiment and in a way it it kind of explains why thoreau just spent two years doing this in other words he decided to take two years of his life to figure out how best to live his life and to do it he just you know he pulled away from everything else he went out in the middle of this place to have time to think and to have time to experiment with what he really needed and and what really mattered to him and and to try to figure it all out in that sense it's it's an incredibly moving work and it does sort of you know challenge us to to jude the same you may not take up the challenge you may find thoreau irritating um that speaker of tyros who's you know narrating the whole thing um can be a little annoying at times um people have have argued um that he is and i i think it's right but i'm just curious you know if you're more put off by it than influenced by it um i don't know and and again it's nothing wrong if if this book hasn't changed your life although we have a large class i think for a few people it just might we'll see here's a problem with thoreau and it's another one that's worth noting

and that is um well walden pond i mentioned it's in you know eastern massachusetts not too far from cambridge or boston

but also 15 miles north of walden pond that's a lot closer than either cambridge or boston to walton pond it was low massachusetts you can still visit there today because lowell massachusetts was the largest industrial area in the united states the biggest

in the united states the biggest industrial area in the united states at the time

it's the closest thing that america had to an

industrial city like manchester um and we're right in the middle of the so-called industrial revolution you know what role was like manchester was a huge textile facility people were making textiles there are huge factories if you go there today you can go into the building and you can hear it's like deafening sound of these dozens of machines working these are automated looms and it's just astonishing so thoreau is at ground zero really of technological modernity and what does he do instead of focusing on it he could have written a book

you know the woods it could have been entitled you know lol or life in the industrial city and he could have taken us inside of that world in fact um charles dickens the very same year that walden has published 1854 charles dickens writes a great novel called hard times

not titled you know walden or life in

the

and he just he does just that he takes us into this imaginary city coke town coke as you may know as a product of coal so it's almost like calling the the city coal town you know it's the it's what like

london was the big smoke is all about

air pollution and it's all about life inside of the factories and and it's you know he's influenced by blake and all so you have children working their children dying in the factories it's a horrible horrible life but thoreau doesn't talk about any of that

in a thoroughly pastoral way you know he sees the problem he understands it but he turns away

and imagines a simpler life

yeah so the big question is with thoreau and and this is the

the real one not just that he you know he calls it wilderness when it's not and he you know he

only lives there for two years and the fact that it's you know it's kind of a

cop-out because

he goes home for his mom's dinner once a week but the bigger issue here is thoreau is not facing technological modernity head-on even now it's it's literally a day's

walk from walden pond to get to law instead he imagines this simpler the simpler life

you know um and and i put here and it's it's ironically in the process hastening its destruction you know as i've argued if um in a book not in this class um but if everyone took the rose lead it would have been

you know an environmental nightmare and

i say that with great confidence because it was

starting at thoreau's period there's an incredible

urban expansion it happens in thoreau's time but then it

it it really gets blown after the second world war

where people leave the city because they imagine this simpler

more natural more pastoral life out in the countryside

and they go there and they build suburbia and

and they take all the problems of the city with them and the suburban sprawl that we've been experiencing in the united states for 150 years which has actually been an international movement for nearly that long

has been an environmental disaster i mean it would have been far better if we stayed in the cities

and done just what thoreau isn't doing address

the problems of the cities because city life being

more compact and all is is far more environmentally

sound what i mean by that is you know people living in cities

like thoreau live in much smaller houses generally

people don't actually you don't often have things like cars moving around so is even though it sounds kind of contradictory and we explored this in english 23

uh the climate crisis what it is and what each of us can do about it also known as climate crisis 101. um we explore how people living in cities often have

carbon footprints that are half or even less than people living in the suburbs often a lot less and certainly if you live out in a um

you know a mcmansion and have you know multiple suvs and drive them a lot yeah it's a problem but anyhow thoreau you know um is not like you know edward bertinski who squarely looks at the problem he says look this is you know this is what we're

doing to the world just you know come with me and i want to show you what factory life is like

and that's the opening scene of manufactured landscapes i will show you what factory life is like in china that's what he's saying

charles dickens said come with me i will show you what factory life is like

in manchester ciro says come with me we don't want to look at that

let's go let's go out to the the closest wilderness we can find

yeah you can see why it's a problem it carries twofold danger though right first we risk ignoring and doing something about the environmental difficulties

so instead of addressing the problems head on we run we don't do anything but in running away from them you often bring the problems with you so even this you know depends harrison's about this a suburban expansion you know we go out to these places and johnson was worried about independence because

what happened at the time was people brought all that the problems with them and ultimately you know i won't say destroyed those areas but they they significantly modified them in a way that was not environmentally good by any means a loss of habitat and a range of other problems with human beings as they came so you can see a real danger there with walden and the pastoral impulse so let's conclude walden there are some questions i i want to leave you with um

and they're worth thinking about because you know thoreau really does want to get us thinking about our relationship to the planet and and that's

that's new with thoreau and you know with all the other critiques you can make of thoreau and problems you may have with them and all that's certainly a good thing to do right

i mean what thoreau is doing stopping and trying to figure out the best way to live

and in a very modern sense the best way to live environmentally

or the way we generally express that how might we live

sustainably on this planet how might i individually live sustainably what would that be like

how could i go about it and throw his argument by the way

we'll see this come back with buddhism and by the way thoreau is very influenced by a range of eastern

traditions including buddhism

but the argument goes even further

because suros says

not only would this be better for the planet more sustainable it's a better life

it's a life that will make you happier

far happier but anyhow there are questions that remain are his lifestyle prescriptions and i've thrown this out only valid in a wilderness setting could you live this project of simplify simplify smaller less things less stuff more you know focused on what really matters in life could you do that somewhere in the middle of a city for example or for that matter a suburb i been kind of suggesting and well minimalists have suggested i'm kind of a minimalist so i guess i've been suggesting too it's been suggested by someone that you know um you could actually do this that minimalist you know it's a movement minimalism as a movement you know doesn't say first find the closest wilderness it doesn't say that at all it's wherever you are right now see think about do what thoreau did and think about what's the minimal that you really need in life or approach data from our environmental perspective because it often dovetails quite nicely what's the most sustainable way of livina does that have to be done in a wilderness location not kind of answering this question i guess sorry i meant it to be a question you'd think really hard about but i'm kind of answering it um i don't think he has to be in a wilderness setting

and then the other question that we've raised do you have to take it to the extreme degree

and again even tarot doesn't he doesn't live in a cabin the size of you know just big enough to lie down in um so what that means is of course that it's kind of a sliding scale and as i suggest in english 23 um otherwise known as climate crisis 101 you know take something like like uh

diet like eating yes the

like

the end game i suppose in that would be something like

veganism and i i should tell you i was i was a vegan for five years but only moved away to something more like we would call climatarianism or sometimes flexitarianism and that's simply the idea that yeah you don't have to be totally hardcore about something like this it's it's perfectly fine to be somewhere in the middle um and this matters because the climate footprint of

of eating is is pretty darn significant but it doesn't mean that you know every now and again you can't have a piece of cheese or something

because if you think about it if if everyone moved more in the direction of a largely plant-based diet

it would have profound implications for the planet

and everyone being incredibly hardcore like

thoreau sometimes suggests probably is not going to work

in other words it wasn't sustainable for thoreau i mean he was able to do it for a couple years but he didn't he didn't live a life like that i would argue

argue
you know many things don't get me wrong
people can can live a life as
a vegan perfectly fine and perfectly
healthy i would add
but it doesn't mean that you um you know
you have to do that
that if everyone just you know moved in
that direction we could reduce the
climate footprint for
uh for food systems across the planet
you know you cut it in half or a quarter
let alone bring it down to like a tenth
where it could be if we want to

somewhere in the middle you know um is this

pretty much all largely plant-based but again you don't have to it can just be

even possible so yeah yeah it is possible to be a vegan for a lifetime not all that is possible but you know could

could most people could most families do something like this and it is noteworthy to throw it's just an individual person doing it not there aren't children involved

there aren't elderly people involved you know people who have different needs than he does in general so you know um it's not a question of you know do you have to take it to the extreme degree that he does but in this case i'm asking you know is it even possible for most people for for a lifetime to do it um but but if you're in fairness to thoreau though i don't know that he's suggesting it is or saying that you know this is the way it has to be he is he's it's an experiment to see

what

what the minimum was like and then once he does that of course he can pull back with something more um more reasonable yeah so what i'm talking about here actually is this danger that i said you know if everyone moved out to the countryside which we did to suburban expansion then we would bring all the problems with this pastoral has been taken up by things like

suv ads and if you ever watched an suv ad

i'm actually thinking about the video ones now you know you see the suv barreling out into the middle

of nowhere no one's around and they most importantly you're not on a road because these things can take you off off-road hence they're off-road vehicles no in a sense

you know um but that is the pastoral impulse right i mean it's kind of like imagine

thoreau riding that you know he's just been to lowell massachusetts and seen problems with technological modernity and he got into that thing and he barrels out of you know away from lowell as fast as he can to the closest wilderness he can find well suvs those ads are like great because they actually showed the destruction of the place by driving out in the middle of nowhere and you're not seeing all the little you know animals or whatever they're gonna get plowed over by this vehicle and you know the ruts in the road and everything else so um pastoral

has become potentially a disturbing it's pastoral has been used in disturbing ways as an art form by something like you know suv manufacturers because we have this desire that we want to get away from it all we want to get away and we think you know nature is the place where we're free from all that you know you can see if you've ever been to a place like yosemite in the summer time where there's actual traffic jams backed up on the road to get into the place that this is potentially a problem so um yeah i just want to draw attention to that and and that's the problem right so it's [Music] walden pond i mentioned those seven parking lots and the million plus people who visited every year you know what if they just didn't visit but what if all those people came out to walden plan and places even to do just what the road did to start chomping down trees and building cabins well given the fact that we have seven and three quarter billion people on the planet right now that just wouldn't work um it would you know it would do you know would destroy the place you know very very quickly and arguably in a pretty you know quick time frame that's what has happened with suburban sprawl as well so in a way the pastoral impulse this idea to turn away from the city and its problems and to go to somewhere simpler

has that carries that problem with it that you carry your problems with you and you ultimately could bring about the destruction of the place which is why it sounds um kind of contradictory at first

but well there's a wonderful book called triumph of the city and maybe i'll talk about it further when we get to rachel carson but um he has a wonderful quote in there and the quote is a simple one you can almost you know write it down and hang it up on your wall

and that is if you love nature stay away from it so that's something that thoreau didn't do that's something that people in the suv ads aren't doing

that's something that you know people who fled

the cities for the dream of a simpler life and wound up short of that in suburbia

they didn't do it either but if you love nature

stay away from it if you love nature don't move out to the country if you love nature stay in the city live a more sustainable life and you can visit it or hey you know you can bring nature into the city which is um a project that has been happening for over 400 years now begins in shakespeare's time of the inner urban park and you know the great like triumph of it would a great example would be something like uh central park in new york where it's not

wilderness sort of surrounding a city kind of like a donut or a bagel or something but in fact it's it's it's the the city is the the donut and the that center uh of it where the donut hole is that's this that's the park itself where people can in a very controlled way and experience nature but without going outside and trampling it down so yeah

yeah how does he compare we've been calling the anti-pastoral

of of um edward batinski so what i mean by that is

thoreau clearly is celebrating countryside and drawing attention to how beautiful it is

but of course he's ignoring problems environmental problems edward bertinski you know he takes us to ground zero those environmental problems you know does just one approach better

and

so let me rephrase that okay you want to we've talked earlier in the class about developing an environmental consciousness so you've got an environmental consciousness for whatever reason i suspect many of you already do maybe in a really big way now you are the artist

whether you're a writer or painter or whatever you have to communicate that you want to communicate that to others so that they too get this environmental consciousness and you know be better for the planet

how do you do that do you do it by a celebration

of of nature of wilderness like thoreau or like probably what you imagined before this class nature writing would be

by you know writing nature poetry or

something or doing beautiful like some of the paintings we've seen you know um like claude lorraine beautiful landscapes that's one approach or do you like edward bertinski take us to ground zero of the destruction of nature and

zero of the destruction of nature and the planet

um places you know where environmental devastation is just you know rapid which would be more effective

um i can tell you that

a change has been taking place in the

last 100 years or so

and you can see it even with someone

like charles dickens

the same year that walden has published who actually want to take us to the problem areas who want to take us inside and see it

and one of the advantages of this

and one of the advantages of this approach

too and you see it with something like the film the true cost

is that it also makes you aware that

it's not only the planet

or animals or plants or or you know

mountain tops that are getting removed

but human the human cost is there too so

there are huge

social justice issues involved as well

and that's just you know

useful to be able to think about all all

of these together

environmental and human things too and

as a consequence

pastoral is still alive and well and

people are writing it and people are

celebrating

wilderness and semi-wilderness areas and all

that's true but what we really have let me just pull out of here

we really have now
or a range of artists and bertinski as
an example
who really want to just sort of smack
you in the face
sorry for that violent image but who
really want to just you know
get you put in your face the problem to
show you the problem so that you don't
turn away from it
a film like the true cost does that it's
it's meant to take you there
it's meant it does what thoreau didn't
do

throw could have taken us into the factories at law massachusetts but he didn't true cost takes you into the factories across the planet now and so does a film like manufactured landscapes

um these are all you know doing a kind of anti-pastoral you know because they they they can make an assumption and

we have thoreau in par to thank for that assumption

and that is well you probably care about the environment you as a 21st century person in the developed world probably care about it and why do you care about it

well for the last 400 years a range of writers and artists have been trying to convince us to care about it and thoreau sort of pulls it all together and the whole range of environmentalists have been convincing you

to care about it so if you care about it then what do you do well these writers you know they want to take you

right into the problem and show it to

you you know just pull the veil away and show you and show you the problems what's so clever is with what you're doing so in other words uh edward batinski takes people to like the um you know factories um in places like bangladesh and china so you can actually see what's happening but really it's not about i mentioned the lecture back it's not about china it's not about bangladesh it's about what we are doing what we are requiring to be done for us in other words we require those factories to be built to make the stuff that we want it's all for us so they're doing what thoreau is doing they're looking at you know what it is we need to live and thoreau is trying to figure out in a very sustainable way that what that could be but these projects are often designed and designed to show you just how unsustainable your way your your way of life is you may not know it going to your local you know fast vou know fashion outlet or online to your favorite site you know you may not realize the consequences of it you may not think about what you're you know the kind of life that is best but these folks want to show you the problem with it but but in that sense vou know it's it's it's similar to thoreau right where there's pastor roy and i pastor all the way we've been talking about it in the sense that you know the the main

thing

that that these artists want to do and i mean artists broadly including writers and all

is they want you to confront your life and think about what your life is and what would be the best life and and you know throw the argument is and again we'll see this with buddhism this will be a better life if you do abandoning all these things that you're so

so connected to like you know clothing and maybe animal products that you're eating and things you know abandoning all that what will make you happier but it's going to be better for the planet too

it's going to be better for everyone too so it's it's a win-win thing and unfortunately you know they need to do this because

by this argument you know 21st century life in the developed world is kind of a lose-lose

kind of thing you know they're losing i think you just keep adding blues there you lose lose lose lose you know we lose the pain that loses loses in terms of you know social justice other people lose you know it's just just bad anyhow thoreau wants to get you to think about that so i hope that you know in reading him you've you've thought about it or if you you've just listened to me talk and you're you're ready to plow into sorel i i hope you'll um you will think about it it's it's a great project to

to just stop and think about your life

and how you live it and i think most of us are so busy living our lives that we don't stop to think about it and and again i'm kind of setting up buddhism here because we're not far from it now we get to buddhism we'll see that's sort of a central idea that you you just stop and think about it but uh but hey we saw it with thoreau and um and you can do it too okay so i i'll end on that note and next time we jump into the 20th century and rachel carson's wonderful work silent spring okay